SPATIAL AND TEMPORAL VARIATION IN THE PRESENT AND HISTORICAL SEDIMENTARY ORGANIC MATTER WITHIN THE RÍO DE LA PLATA ESTUARY (SOUTH AMERICA) IN RELATION TO THE SALINITY/TURBIDITY GRADIENT

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Abstract

The aim of this study is to examine sedimentary organic matter sources, spatial distribution and temporal variability in a large estuarine system, the Río de la Plata estuary (South America). For this purpose, this work integrates recent and historical carbon and nitrogen isotopes (δ13C, δ15N), total organic carbon, total nitrogen, C/N ratios and sediment grain size analyses along the Río de la Plata estuary. Principal component analysis based on geochemical variables and salinity revealed two main biogeochemical contrasting zones, corresponding to the upper and the lower estuary. Such zones are derived from the density gradient observed at the maximum turbidity zone acting as a physical barrier by trapping fine sediments and controlling primary productivity. As a consequence, sedimentary total organic carbon and total nitrogen increase from upper reaches towards lower reaches to attain maximum values under the turbidity gradient due to the presence of fine sediments. On the other hand, C/N ratios display an opposite trend, with higher values in the upper reaches due to a higher influence of continental organic matter. Moreover, Stable Isotope Analysis in R (SIAR) based on δ13C and δ15N reveals that the main organic matter source to the sediment appears to be the continental particulate organic matter and the estimated percentages of terrestrial allochthonous contribution (C3 plants) indicated a decreased contribution towards the lower reaches. The paleoenvironmental analysis shows a change in the sedimentary organic matter composition since 1970 associated to an increased influence of terrestrial organic matter. This trend is related to an increase in the Paraná River flow, which in turn is related to climatic variability (i.e., the polarity change of the Pacific Decadal Oscillation).


1. Introduction

Estuaries are among the most diverse and productive marine environments in the world, as they assimilate and process most of the river discharges and coastal basins (Paerl, 2006; Bianchi, 2007; Canuel and Hardison, 2016). Moreover, estuaries are domains of high organic matter (OM) production, cycling, and export to the coastal ocean. They receive numerous contributions of OM from allochthonous (open ocean continent) and autochthonous
(derived from the water column itself or from the sediment) sources (Wilson et al., 2005; Lamb et al., 2006; Abrantes and Sheaves, 2008; Botto et al., 2011).

Information regarding the dynamics of OM sources represents a critical step to explain the carbon concentration/conversion, functioning and the energy flows along the estuarine food chain (Meyers, 1994; Botto et al., 2011; Abrantes et al., 2013). Understanding the processes influencing the sources and fate of OM in estuaries is important for quantifying the contributions of carbon from land and rivers to the global carbon budget of the coastal ocean (Canuel and Hardison, 2016). In this sense, since carbon and nitrogen isotopes (δ13C, δ15N), as well as the total organic carbon/total nitrogen ratio (TOC/TN, hereafter C/N) of different sources have different values, isotopic data are widely used tools to characterize and discriminate different sources of OM preserved in sediments from coastal marine environments (Lamb et al., 2006; Liu et al., 2015; Pérez et al., 2017; Bueno et al., 2018). δ13C values are suitable to distinguish between sources of terrestrial C3 plants characterized by relatively low δ13C values (-30 to -24‰) than C4 salt marsh plants (-16 to -12‰), while marine phytoplankton exhibits intermediate δ13C values (-22 to -19‰); Fry and Sherr, 1984; Cloern et al., 2002; Wissel and Fry, 2005; Lamb et al., 2006; Bouillon et al., 2008). C/N values higher than 12 have been related to vascular terrestrial plants rich in cellulose, whereas marine algae tend to be rich in nitrogen thus leading to C/N values between 4 and 10 (Meyer, 1994; Wilson et al., 2005). On the other hand, particulate organic matter (POM) from the continent exhibits a lower δ15N signal (~ 4.88 ± 1.45 ‰) than that of marine origin (~ 6.75 ± 1.96 ‰). These differences have made possible to efficiently use the δ15N values as an OM tracer in aquatic systems (Peters et al., 1978; Sweeney and Kaplan, 1980; Bánaru et al., 2007; Lara et al., 2010; Marchese et al., 2014). Moreover, OM of anthropogenic origin may present a δ15N signature even higher than that provided by marine sources (Sweeney and Kaplan, 1980; Fry et al., 2003). In addition, these variables are used together to reconstruct estuarine scenarios (Lamb et al., 2006).

Dissolved, colloidal and POM is introduced to estuaries by river and groundwater discharge, surface runoff, resuspension events and through the tidal action from the open ocean (Canuel and Zimmerman, 1999; Goñi et al., 2003, 2009; Abrantes et al., 2013). The interaction between such physical forcing and OM is complex and occurs at different temporal and spatial scales (Goñi et al., 2009; Canuel and Hardison, 2016). In addition, human activities developed on basins and coasts (mainly wastewater discharge) imply additional sources of OM to estuaries and introduce further variability to the natural dynamics (Carpenter et al., 1998; de Jonge et al., 2002; Bueno et al., 2018). The relative importance of this OM drivers and their interaction vary among the estuaries, making difficult to identify universal estuarine trends (Canuel and Hardison, 2016). In particular, Río de la Plata estuary (RdLP) as most aquatic systems in South America is strongly affected by the El Niño Southern Oscillation (ENSO) in response to changes of rainfall patterns (Mechoso and Iribarren, 1992, Lüning et al., 2018). During the warm-phase ENSO events, the rainfall pattern increases in southeastern South America thus affecting the hydrological system of the RdLP main tributaries (Paraná and Uruguay rivers) (Depeetris et al., 1996; Barreiro, 2010; García-Rodríguez et al., 2014). In addition, it has been shown that precipitation anomalies caused by the El Niño event are higher during the warm (or positive) phase of Pacific Decadal Oscillation (PDO), an ocean-atmosphere variability produced over the Pacific basin (Mantua et al., 1997; Garreaud et al., 2009).

Furthermore, this estuarine system is being subjected to anthropogenic impacts from the run off of La Plata basin (erosion, soil and fertilizers), and point sources (industrial and urban effluents) as well as from large cities such as Montevideo and Buenos Aires (Nagy et al., 2002; Bonachea et al., 2010; Botto et al., 2011; Venturini et al., 2015).

The aim of this study was to examine the sedimentary organic matter (SOM) sources and to assess the spatial distribution and temporal variability in a large estuarine system, the RdLP estuary. For this purpose, this work integrates recent and historical carbon and nitrogen isotopes (δ13C, δ15N), C/N ratios, total organic carbon (TOC), total nitrogen (TN), and sediment grain size analyses along the RdLP estuary. Previous studies on the biochemical composition of sediments within the RdLP (Burone et al., 2013; García-Rodríguez et al., 2014; Venturini et al., 2015; Pérez et al., 2017; Bergamino et al., 2017; Bueno et al., 2018) have been undertaken mainly focusing on the estuarine/marine section or consisted of one single survey. To fill this gap, we investigated temporal and spatial variations using data of three surveys consisting of 25 sediment surface stations located from the freshwater to the marine section of RdLP, plus a sediment core taken from the maximum turbidity zone (MTZ), where the sedimentation processes are dominated by fine sediment fractions.

1.2. Study area

The present study was carried out in the RdLP estuary (34°10′-6°20’S, 55°00′-58°30’W) (Fig.1). It is the second largest fluvial system in South America and drains a catchment area of 3.1 x 106 km2 (Acha et al., 2008). The estuary is formed by the confluence of Paraná and Uruguay Rivers which generate together a mean discharge of 23,000 m3/s, with a more important contribution of Paraná River (Codignotto and Kokot, 2005). It is shallow, i.e., 5–15 m water depth, and the tide range is microtidal, averaging ~0.60m with a broad and permanent connection to the sea (Framiñán and Brown, 1996).

The RdLP estuary evolved on a substratum formed during the Holocene. It comprises the “RdLP Geomorphological
Unit”, which is formed by the subaerial delta of Paraná, the coastal plains of the northeast of Buenos Aires and the south of Entre Ríos (emerging geoforms) and the sub-aquatic delta of Paraná (submerged geoform) (Cavallotto, 2002; Cavallotto and Violante, 2005).

The estuary can be divided into three sections according to the sediment composition: the upper reaches (southern limit Colonia - Buenos Aires) where the sediments are dominated by sand, the middle reaches (comprised between the Colonia - Buenos Aires and Montevideo- Punta Piedras) with predominance of silt, and the lower reaches (Montevideo - Punta Piedras and Punta del Este - Punta Rasa) where silt and clay are the most abundant fractions (Framiñan and Brown, 1996; Nagy et al., 2002; FREPLATA, 2004; INA-FREPLATA, 2012; Fossati et al., 2014). Such a gradient distribution of the sediments is associated with the decrease in energy flow of the river currents that are more or less parallel to both coasts of the RdIP (Cavallotto, 2002). In addition, the distribution of sediments in lower reaches is also influenced by marine materials, effect of tides, waves and by the interaction between river and oceanic water masses (FREPLATA, 2004; Cavallotto and Violante, 2005). The maximum turbidity zone (MTZ) is located in the middle reaches and define the transition between estuarine and marine domains (Framiñan and Brown, 1996). This area, with the highest suspended solid concentration, is located near the bottom salinity front following approximately the 10-m isobath (Acha et al., 2008). Turbidity levels in the lower reaches remain low under normal weather conditions, while storms increase resuspension processes thus leading to high turbidity levels (Fossati et al., 2014). The circulation in this part of the estuary is purely micro-tidal (Fossati et al., 2014).

![Map of Rio de la Plata estuary (RdIP) located on the southeastern coast of South America. The sampling sites for surface sediments and salinity measure are indicated with black dots. Red star shows collection site of sediment core (BAR1). Striped area represents maximum turbidity zone (MTZ).](image)

2. Materials and Methods

2.1 Sample collection

Samples of surface sediments were collected in March, June and December 2010, from 25 stations within the RdIP estuary during one-week cruises (FREPLATA-Ifremer Research). Sampling stations were located in the upper, middle and lower reaches of the estuary (Fig. 1). Sediment samples were collected with a van Veen grab (0.052 m$^2$) and then lyophilized. Bottom water salinity was measured in-situ with a CTD. Additionally, a 25 cm long core (BAR1) was collected by scuba diving in October 2013 approximately 11 km off Montevideo coast at a water depth of 10 m (35° 03'00'' S; 56° 09'00'' W). The sediment core was transported to the laboratory, where it was cut every 1 cm intervals and then lyophilized.

2.2 Laboratorial analyses

Sediment samples were ground to a fine homogeneous powder by using a mortar and pestle for elemental (TC and TN) and bulk isotope analyses, including the measurement of δ13C and δ15N. Samples intended for TC and δ13C analyses were treated with 10% HCl to remove carbonates, rinsed with distilled water and then dried again for 24 h at 60°C. All samples were then analysed using a Thermo Finnigan Flash EA 1112 series elemental analyser equipped with a Thermo Finnigan Delta Plus XP isotope-ratio technology mass spectrometer at the Centro de Aplicaciones de Tecnología Nuclear en Agricultura Sostenible (Uruguay). Results are expressed as per thousand (‰) using the δ notation defined by the equation: δ13C or δ15N (‰) = [(R_sample / R_standard) −1] x 1000, where R is $^{13}$C/$^{12}$C for carbon and $^{15}$N /$^{14}$N for nitrogen of...
the sample and the standard (Vienna Pee Dee Belemnite for carbon and atmospheric N\textsubscript{2} for nitrogen), respectively.

Grain size analyses were undertaken at the Sedimentology laboratory of the Geology Department, Exact and Natural Sciences of the Buenos Aires University. Sediment samples were sieved with a 2 mm mesh sieve, treated with 20\% H\textsubscript{2}O\textsubscript{2}, and then measured with a CILAS particle size analyser.

### 2.3. Data analyses

Concentration maps of geochemical variables of surface sediments were drawn with the program ArcMap (ArcGis). Data are plotted with circles of different size according the different concentration and rates values. Shape contour maps were obtained from Ecoplata/MVOTMA (https://www.dinamagabau/oan/?page_id=70, Access 1.08.2018).

Statistical analyses were performed with the program PAST 3.10. Since geochemical (\(\delta^{13}C, \delta^{15}N, TC\) and TN) and sediment size data did not adjust to a normal distribution, significant differences were assessed using the U-Mann-Whitney non-parametric test (Sokal and Rohlf, 2012) and 95\% confidence level. Principal Component Analysis (PCA) was performed for all surface sediment variables including \(\delta^{15}N, \delta^{13}C, C/N\) ratio, grain size fractions and bottom salinity to assess major environmental trends in the study area. All data were first transformed by a Box-Cox and standardized (by subtracting the mean and dividing by the standard deviation) (Hammer et al., 2001).

The geochemical variables of core BAR 1 were analysed by cluster analysis considering TC, TN percentages, \(\delta^{15}N, \delta^{13}C\) and the sedimentation rate as variables using the Morisita similarity index (Hammer et al., 2001) to identify zones. The zones were collated with historical data of climatic indexes, i.e., PDO and ENSO and average rivers discharge to help explain the zonation. Climatic data were obtained from the Joint Institute for the Study of the Atmosphere and Ocean, University of Washington (http://jisao.washington.edu; Access 5.5.2018). Monthly average discharge values of both Paraná and Uruguay River were obtained from the Integrated Hydrologic Database (http://bdhi.hidricosargentina.gob.ar; Access 5.5.2018) of the Secretary of Water Resources, Argentina. Stations representing the Paraná and the Uruguay River are ‘Túnel subfluvial’ and ‘Paso de los Libres’ respectively. Relative anomalies of river discharge were calculated following Piovano et al. (2004) as follows:

\[
Q = (Q_i - Q_{\text{average}}) / Q_{\text{average}}
\]

where \(Q_i\) is the sum of the monthly discharge averages per year, and \(Q_{\text{average}}\) is the average of all values of the time series (i.e. 1909–present). Thus, changes in river discharge help visualize deviation from the historical average expressed as positive and negative anomalies.

Correlation analyses were also carried out between the different pair of variables analysed in sediment core and flow anomalies and climate indices. Prior to performing the correlations, the Shapiro-Wilk normality analysis was run. In case of normality, Pearson’s linear correlation was applied; otherwise the Spearman correlation was performed. These analyses were also carried out with the free software PAST version 3.

In addition, to examine the proportional contribution, different sources of OM to the surface and core sediments, Bayesian mixing model, i.e., SIAR (Stable Isotope Analysis in R; Parnell et al., 2010) was performed. Such a Bayesian model incorporates uncertainty and variation in parameters such as the fractionation factor. Only sources documented within the RdlP were included in the models (Table 1). C3 and C4 plants, marine particulate organic matter (MPOM), continental particulate organic matter (CPOM), phytoplankton end-member signatures were obtained from the regional literature (Lara et al., 2010; Botto et al., 2011; Derisio et al., 2014; Marchese et al., 2014). This model was run for each sampling date taking into account the \(\delta^{13}N\) and the \(\delta^{13}C\) value. We assumed small carbon and nitrogen fractionation factors (0.5 for both) based on short-term degradation experiments (Schweizer et al., 1999; Dehairs et al., 2000).

### Table 1. \(\delta^{13}C\) and \(\delta^{15}N\) data source values and enrichment factor used for SIAR analysis. Data for RdlP source includes: Marine particulate organic matter (MPOM) from Derisio et al. (2014) and Lara et al. (2010). Continental particulate organic matter (CPOM) from Marchese et al. (2014), Phytoplankton from Derisio et al. (2014) and Marchese et al. (2014). Freshwater marsh plants (C3 mainly) and Saltwater marsh plants (mainly C4) from (Botto et al., 2011).

<table>
<thead>
<tr>
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<th>MPOM</th>
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</thead>
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<tr>
<td>(\delta^{13}C)</td>
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<td>26 ± 1</td>
<td>-20 ± 0.8</td>
<td>-27 ± 1,1</td>
<td>-13 ± 2</td>
</tr>
<tr>
<td>(\delta^{15}N)</td>
<td>8.8 ± 0.4</td>
<td>6.7 ± 1</td>
<td>6.3 ± 1</td>
<td>8 ± 0.7</td>
<td>4 ± 4</td>
</tr>
<tr>
<td>Enrichment Factor (EF)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(\delta^{13}C)</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
</tr>
<tr>
<td>(\delta^{15}N)</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
<td>0 ± 0.5</td>
</tr>
</tbody>
</table>
3 Results

3.1 Surface sediment

Figure 2 shows the percentage of the clay, silt and sand fractions of the surface sediment for each sampling station for the different surveys. There is a general trend of grain size decreased from the river mouth (with high sand content) to the MTZ (with high clay content in the stations downstream to MTZ). In some stations, high percentages of gravel-size components were observed associated to the presence of bivalves and gastropods remains. No significant differences in sand content were detected among surveys. For silt and clay, significant differences were found between December and the other two surveys \((p < 0.05)\).

The percentage of sand in December varied between 0.0 and 13.3\%, in March between 0.0 and 19.7\% and in June between 0.0 and 23.0\%. The clay average in December varied between 7.1 and 19.1\%, in March ranged between 11.0 and 47.3\%, while in June oscillated between 11.0 and 47.5. On the other hand, silt ranged between 80.9 and 91.0\% in December, and between 40.8 and 86.0 in March, and finally in June showed values between 35.6 and 86.2\%.

![Fig. 2. Grain size analysis results of surface sediments for the different surveys. The stations are located on the horizontal axis and the percentage of each grain size on the vertical axis. A = March. B = June. C = December.](image)

The percentage of TOC in surface sediments ranged between 0.31 - 1.20 \% and TN varied between 0.03 - 0.16\%. They exhibited a similar trend in all surveys, which consisted of increased values close to the MTZ and maximum values to the east of the MTZ (Fig. 3). C/N ratios, ranged between 6.52 - 10.44\% and showed the highest values in the upper/middle reaches and close to Montevideo (i.e., stations 24, 25 and 26; Fig. 3). All the variables mentioned above, showed significant differences between December and the other two surveys \((p < 0.05)\). Mean TOC in December was 0.76 ± 0.23\%, 0.60 ± 0.17\% in March and 0.57 ± 0.19 \% in June. On the other hand, mean TN value was 0.09 ± 0.03 \% in December, 0.078 ± 0.024 \% in June and 0.07 ± 0.03 \% in March. The highest C/N ratio was observed in December (mean value 8.50 ± 0.74), while similar values were recorded in March (mean values 7.79 ± 0.70) and June (mean values 7.9 ± 0.71).

The \(\delta^{13}C\) and \(\delta^{15}N\) values did not show significant differences between surveys: \(\delta^{13}C\) ranging between -26\‰ and -20\‰ and \(\delta^{15}N\) ranging between 5\‰ and 10\‰. The \(\delta^{13}C\) values showed an average of -24.00 ± 0.98\‰ in the upper and middle reaches and -21.00 ± 0.50\‰ in the lower reaches. The \(\delta^{15}N\) values showed an average of 5.60 ± 0.50 in upper and middle reaches and 6.60 ± 0.80 in lower reaches.
Fig. 3. Maps of TOC, TN percentage and C/N ratio on SOM from: a) May; b) June and; c) December surveys.
Figure 4a shows the PCA diagram for surface sediment geochemical variables, bottom silt and clay content. The first principal component (PC 1) accounted for 63% and the second axis (PC 2) accounted for 15% of the variance. The high scores on the first axis were mainly explained by a positive association with δ¹³C and TN. The second axis was mainly explained by the silt content and was negatively associated to the clay content. The distribution pattern of samples resembles the location of the stations, i.e., the lower reaches to the right side of the plot, while the upper and middle reaches (hereafter upper reaches) are located to the left side (Fig. 4b).

Table 2 shows the correlation between geochemical variables and salinity. All geochemical variables showed significant and positive correlation with salinity and clay, except for the C/N ratio that exhibited significant and negative correlation with aforementioned variables. On the other hand, both sand and silt content correlated positively only with the C/N ratio.

The SIAR outputs indicated that in the upper and lower estuary, continental particulate organic matter (CPOC) was the main OM source contributing to SOM, and to less extent, C₃ plants in the upper reaches and phytoplankton in the lower reaches (Fig. 5).

### 3.2 Lithology and geochemical analysis of sediment core

The sediment core was lithologically homogeneous, being characterized by only slight changes in texture type of silt but also small changes in colour. BAR1 showed a distinctive light brown colour with greyish bands in some areas. Changes in grain size and sedimentation rate were published elsewhere (Marrero et al., 2014). Geochemistry was calculated from the sedimentation rate.

TC ranged from 1.0% (on top) to 1.3% (at 24 cm), with most values throughout the sediment core close to 1.2. TN content ranged from 0.09% (on top) to 0.12% (19 cm) but most values were close to 0.1. The C/N ratios varied from 10.6 (18 cm) to 12 (7 cm), being most ratios close to 10.5. The δ¹³C values showed a decreasing trend from the bottom to the middle section of the core, and then a decreasing trend towards the surface. The δ¹³C values ranged from a minimum value of -23.25‰ (at surface) to a maximum of -21.2‰ (15 cm). The δ¹⁴N values varied from 6.1‰ (7 cm) to 7.2‰ (9 cm) (Fig. 6).
both Paraná and Uruguay River anomalies. Uruguay and Paraná rivers’ anomalies showed positive correlations, and the Paraná River anomaly was positively correlated to TN. The sedimentation rate was positively correlated to C/N and the PDO climatic index. Finally, TOC and TN showed a high correlation.

4 Discussion
4.1 Geochemical characteristics of surface sediments
The PCA analysis suggests the presence of two different pools of SOM, each of them corresponding to the east of the MTZ (lower reaches, black dots) influenced by marine water, and to the west of the MTZ influenced by the river flow (upper reaches, white dots) (Fig. 4). Thus, the lower reach stations are positively associated with clay, salinity, TOC, TN, $\delta^{15}$N and $\delta^{13}$C but negatively with C/N and sand, while upper reach stations display the opposite trend.

Therefore, there is a clear spatial differentiation in the geochemical composition of the sediments within the RdlP modulated by MTZ (e.g. Botto et al., 2011; Burone et al., 2013; Venturini et al., 2015). The predominance of clay towards the middle and lower reaches is associated with the flocculation promoted by the mixture of both fresh and marine water, thus generating processes of fine sediment trapping within the MTZ (Simionato et al., 2011; Fossati et al., 2014). In this sense, the MTZ represents in fact a physical barrier that captures fine sediments (Bianchi, 2007). The fine grain size has a large surface area and a higher adsorption capacity of carbon and
nitrogen elements (de Falco et al., 2004; Gao et al., 2008). This fact explains the increasing values of TOC and TN to the east of the MTZ (Fig. 3). In addition, TOC and TN exhibited a similar trend and showed high positive correlation (0.97; \( p < 0.05 \)), thus suggesting that the sedimentary nitrogen is mainly from organic origin. In this sense, the highest percentage of TOC and TN to the east of the MTZ is also related to high productivity levels close to the MTZ. An increasing trend in primary productivity towards the external zone of the RdlP has been documented due to the combined effect of nutrient availability (mainly nitrogen) and the reduction in turbidity that results in the predominance of feed deposits (Giberto et al., 2004; Calliari et al., 2005; Acha et al., 2008).

Stations 14, 15b and 15 are located to the west of the MTZ on the Argentinean margin, however they were positively associated with the axis 1 of the PCA grouped together with the stations of the lower reaches of the estuary. Its position in the PCA diagram is related to the dominant sediment type, which contains more clay than the stations of the upper reaches. Likewise, the percentages of TC, TN and \( \delta^{13}C \) were higher (-22 \pm 0.40 \%) than in the rest of the stations of the upper reaches (Fig. 3). Such a trend could be explained by the particular dynamics of the area near Punta Piedras and Bahía Samborombón, where the sediments are resuspended by tide effects, but the area is further filled with sediments when large storms occur (Piedra-Cueva and Fossati, 2007; Simionato et al., 2011). Similarly, station 11 (located to the west of the MTZ and closed to Montevideo coastal zone) is positively associated with axis 1 of the PCA together with the external stations. Station 11 also exhibited higher percentages of clay than the neighbouring stations and higher concentration of TC and TN. The MTZ displays a more intense oscillation movement on the Uruguayan coast, so the effect generated by the MTZ and the influence of seawater is higher in 11 stations than in the rest of the upper reach stations (Framiñan and Brown, 1996).

Salinity correlated positively with both \( \delta^{15}N \) and \( \delta^{13}C \) in close agreement with natural origin of the OM. Terrestrial OM transported by river represents an important allochthonous source for coastal estuarine sediments (Abrantes et al., 2013) and its inherent organic carbon signature depends on the dominant surrounding vegetation type (i.e., C3 vs. C4). This fact may explain the decreasing \( \delta^{13}C \) trend in surface sediments towards the upper reaches, thus indicating the strong river water influence and C3 plant material, which exhibits low \( \delta^{13}C \) signatures, i.e., ranging from -24 to -30\%o (Fry and Sherr, 1984; Cloern et al., 2002; Wissel and Fry, 2005). The higher \( \delta^{13}C \) values observed in sediments from the lower reaches were more closely related to marine sources that usually showed \( \delta^{13}C \) values ranging from -22\%o to -19\%o (Meyer, 1994; Cloern et al., 2002; Lamb et al., 2006), and \( \delta^{15}N \) for marine phytoplankton typically ranges from 4\%o to 10\%o consistently with our data (Dean et al., 1986). Other estuaries presented similar patterns of \( \delta^{13}C \) values in sediment with marine dominated regions ranging between -20\%o to -22\%o and river dominated regions ranging between -23\%o to -26\%o respectively (Yu et al., 2010; Liu et al., 2015). These results suggested that organic matter derived from the adjacent ocean had some influence in the distribution of the sedimentary organic matter within the lower reaches of the RdlP.

Moreover, the TC/TN ratio is negatively correlated with salinity and it was associated with stations located to the west.
of MTZ in the PCA diagram. This result can be explained by the higher influence of OM from terrestrial plants on upper reach zone due to the close continental influence, since the plants have a low protein content compared to algae (Meyers, 1994, 2003; Pittau et al., 2001; INA-FREPLATA, 2012).

On the other hand, SIAR analysis shows CPOM as a main source of SOM in RdpP upper and lower reaches, but also shows a higher contribution of C3 plants in upper reaches than in lower reaches, while phytoplankton contribution increased towards the lower reaches. This agrees with Burone et al. (2013) and Bergamino et al. (2017) those inferred that the upper reach sediments receive OM mostly from allochthonous sources (freshwater sources and C3 plant detritus) and autochthonous OM was shown to increase towards the lower reaches (marine algae).

Tab. 3. Linear correlations between the Uruguay and Paraná Rivers anomalies, the SOI and PDO climatic indices, the sedimentation rate and the different variables analyzed in the BAR 1. In the case of the Paraná River the result is the Spearman correlation. The coefficients shown in bold indicate \( p < 0.05 \) and with \( * p < 0.01 \).

<table>
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<th>TOC</th>
<th>TN</th>
<th>C/N</th>
<th>( ^{15}N )</th>
<th>( ^{13}C )</th>
<th>Paraná</th>
<th>Uruguay</th>
<th>PDO</th>
<th>SOI</th>
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<td>0.22</td>
<td>0.21</td>
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</tr>
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<td>TOC</td>
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<td>0.39</td>
<td>0.32</td>
<td>0.13</td>
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<td>-0.20</td>
<td>0.01</td>
<td>-0.10</td>
</tr>
<tr>
<td>TN</td>
<td>-0.12</td>
<td>*0.82</td>
<td>1.00</td>
<td>-0.21</td>
<td>-0.22</td>
<td>0.25</td>
<td>-0.55</td>
<td>-0.38</td>
<td>-0.25</td>
<td>0.17</td>
</tr>
<tr>
<td>C/N</td>
<td>0.5</td>
<td>0.39</td>
<td>-0.21</td>
<td>1</td>
<td>-0.19</td>
<td>0.21</td>
<td>0.27</td>
<td>0.28</td>
<td>0.31</td>
<td>0.46</td>
</tr>
<tr>
<td>( ^{15}N )</td>
<td>-0.08</td>
<td>-0.32</td>
<td>-0.22</td>
<td>-0.19</td>
<td>1.00</td>
<td>0.57</td>
<td>-0.21</td>
<td>0.14</td>
<td>-0.16</td>
<td>0.41</td>
</tr>
<tr>
<td>( ^{13}C )</td>
<td>0.16</td>
<td>-0.13</td>
<td>-0.25</td>
<td>0.21</td>
<td>0.57</td>
<td>1.00</td>
<td>0.12</td>
<td>-0.02</td>
<td>0.20</td>
<td>0.05</td>
</tr>
<tr>
<td>Paraná</td>
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<td>-0.40</td>
<td>-0.55</td>
<td>0.27</td>
<td>-0.21</td>
<td>0.12</td>
<td>1.00</td>
<td>0.68</td>
<td>0.48</td>
<td>0.38</td>
</tr>
<tr>
<td>Uruguay</td>
<td>0.21</td>
<td>-0.20</td>
<td>-0.38</td>
<td>0.28</td>
<td>0.14</td>
<td>0.02</td>
<td>0.68</td>
<td>1.00</td>
<td>0.26</td>
<td>0.35</td>
</tr>
<tr>
<td>PDO</td>
<td><strong>0.53</strong></td>
<td>0.01</td>
<td>-0.25</td>
<td>0.31</td>
<td>-0.16</td>
<td>0.20</td>
<td><strong>0.48</strong></td>
<td>0.26</td>
<td>1.00</td>
<td><em>0.74</em></td>
</tr>
<tr>
<td>SOI</td>
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<td>-0.10</td>
<td>0.17</td>
<td>-0.46</td>
<td>0.41</td>
<td>0.05</td>
<td><strong>-0.38</strong></td>
<td>-0.35</td>
<td><strong>-0.74</strong></td>
<td>1.00</td>
</tr>
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</table>

The second axis of the PCA grouped the stations of December’s survey far apart from the other two. In his sense, the component 2 is mainly explained by silt. Furthermore, significant differences were observed for TOC, TN and C/N \( (p < 0.05) \) between December and the other surveys. This observed difference could be associated to the warm phase of the ENSO event registered prior to December 2010. This event led to significant increases in the flow of the estuary which caused an evident change in the geochemistry of the Río de la Plata sediments (i.e., increasing sediment content of protein, organic matter, chlorophyll-a and phaeopigment) (García-Rodríguez et al., 2014).

4.2 Historical aspects of RdpP sediment OM

Compared to other costal zones, estuaries and the Uruguayan continental shelf (de Souza et al., 2012; Martins et al., 2012; Sánchez-Cabezudo et al., 2012; de Mahiques et al., 2013; Pérez et al., 2016, 2017), the sedimentation rate of core BAR1 (see Marrero et al., 2014) displays medium/low values (0.08 cm yr\(^{-1}\) – 0.52 cm yr\(^{-1}\)). This can be explained by the high dynamics of flocculation, convection, erosion, resuspension and transport processes observed in the study area (FREPLATA, 2004; Framiñan et al., 2008; Fossati et al., 2014). Moreover, Bonachea et al. (2010) observed higher sedimentation rate (from 0.3 cm yr\(^{-1}\) to 1.2 cm yr\(^{-1}\)) in Samborombón Bay by using the same methodology as Marrero et al. (2014). Therefore, the MTZ appears to modulate sediment deposition processes, where higher sedimentation rate takes place on the Argentinean coast, i.e., in Samborombón Bay (Framiñan et al., 1999; Fossati et al., 2014).

In the 1970s, a PDO polarity change was observed (from cold to warm), that also further observed in the 1980s and 1990s. ENSO events became more frequent and intense compared to the previous three decades. As a consequence of the increase in rainfall over Southeast South America, a positive trend in the RdpP flow was recorded (Barros et al., 2000; Camilloni, 2005; Mauas et al., 2008; Garreaud et al., 2009). In addition, during the last 30 years of the 20th Century, the Paraná River flow was 20% higher than the mean historical values (Mauas et al., 2008).

In this sense, Table 3 shows that the SOI is negatively/significantly correlated to the anomalies of both Paraná and Uruguay River, while the PDO is positively/significantly related to the Paraná River anomaly. Hence, at least for the timeframe considered in this paper, a positive relationship between the increase in river flow and climatic indices was inferred.

The core zones obtained from the cluster analysis (Fig. 6) are in agreement with the above mentioned climatic and hydrological variations. Thus, the cluster group corresponding to prior to 1968, contains data with a differential behaviour to that of the most recent two groups (i.e., 1968-1986, 1991-2013).
Fig. 6. Variations experienced in the last 100 years of: SOI and PDO climatic indices, Q’ anomalies of the Paraná and Uruguay River, and sediment variables TN, δ¹⁵N, TOC, δ¹³C, C/N ratio and sedimentation rate (V) (presented from left to right). The grey colors show the groups formed from cluster analysis. Geochronology was calculated from the sedimentation rate (Marrero et al., 2014).
The sedimentation rate was higher and more variable in the most recent zones, probably associated to the increasing trends registered in both Paraná and Uruguay River flow during the last decades (Mauas et al., 2008; Marrero et al., 2014).

Moreover, there is a clear shift in δ13C to a decreasing trend since 1970 (-21.30 ‰) to 2013 (-23.25 ‰) that reveals an increase in river influence. Consistently, there is an increasing trend in C/N ratios between 1970 and 1993 (average 11.90 ± 0.25) that correlated positively with the sedimentation rate (Table 3), probably due to an increased continental influence (Meyers, 2003). Also, sedimentation rate correlated positively with the PDO index (Table 3). Likewise, the flow anomaly of the Paraná River correlated positively with the PDO and negatively with the TN. Thus, the increase in Paraná River flow as a PDO consequence, explains the increase in sediment accumulation rate and the changes of OM characteristics in BAR1.

The location of the MTZ is an important factor influencing the productivity in the lower estuary and displays variability in association with different climatic and hydrological forcing factors (Framiñan and Brown, 1996; Acha et al., 2008; Simionato et al., 2011). Therefore, the MTZ shift towards the lower reaches of the estuary as a consequence of long-term hydrological changes, explains the decrease in the influence of marine phytoplankton on the SOM from lower reaches sites (Framiñan and Brown, 1996; Acha et al., 2008; Simionato et al., 2011). Given that El Niño and la Niña are events of decadal variability, the lack of correlations between SOI and the geochemical variables presented in this study, may be due to the resolution of core BAR1 which is not good enough to infer interannual processes linked to ENSO.

Generally, δ15N values along the estuarine gradients reflect the influence of human activity and wastewater inputs from catchments that are isotopically rich in heavy δ15N (Sweeney and Kaplan, 1980; Kuramoto and Minagawa, 2001; Fry et al., 2003; Savage, 2005; Serna et al., 2010). Since 1980, toxic algal blooms have been documented in RdlP as a symptom of eutrophication (Méndez and Ferrari, 2002; Nagy et al., 2002).

Nevertheless, in this work, TOC and TN from both surface and core sediments showed high correlations (0.97 and 0.82, p<0.01), meaning that TN appears to be mainly organic nitrogen. In addition, the relatively low δ15N values found in the sediments from the core BAR1 and in surface sediments indicate that dilution of potential anthropogenic inputs from domestic effluent may prevent environmental impacts. This fact together with the nutrient removal effect inherent to oceanographic processes may explain the absence of a clear eutrophication trend in the sedimentary record (Nagy et al., 2002).

5. Conclusion

This work evidences that the MTZ in a large estuary represents a physical barrier between contrasting zones with different geochemical composition. It was possible to spatially discriminate such geochemically contrasting zones and suggested that the SOM was influenced by the dynamics of the surface layer of the estuary. Moreover, we observed that CPOM is the main OM source of the RdlP sediments but there is also a significant contribution of living phytoplankton in the lower estuary and OM from plant litter in the upper estuary.

On the other hand, our findings suggested that an increase in the flow of the Paraná River, which is related to the change of polarity of the PDO from 1970, exerted a major influence on the SOM composition, leading to an increased input of terrigenous material. Therefore, multidecadal climatic variations might ultimately influence the contributions of carbon from land and rivers to RdlP.

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