

## A journal in constant improvement

### DEMETRA: um periódico em constante aprimoramento

*Demetra: Food, Nutrition & Health*, formerly *Ceres: Nutrition & Health*, has been active since 2006. For more than 15 years, the journal has undergone changes and improvements, increasing its importance and relevance in the mission to expand the communication of scientific works developed in the field of Food, Nutrition and Health.

From 2018 to 2021, the journal was coordinated by Professors Josely Koury and Luciana Castro, succeeding Professors Fabiana Kraemer and Shirley Prado, all from the Institute of Nutrition of Rio Janeiro State University, to whom we thank for all their dedication and commitment to maintaining the publication and the constant improvement in the quality of the journal. In this moment of renewal, we would also like to thank the editorial team and the associate editors and reviewers, who play an important role in making the journal happen. Our “thank you” to everyone.

In recent years, the journal has undergone a series of improvements, such as indexing in the LILACS platform, in addition to other databases (J4F - Journals for Free; FMJ - Free Medical Journals; LATINDEX - Regional Online Information System for Scientific Journals from Latin America, Caribbean, Spain and Portugal; DOAJ - Directory of Open Access Journals; ROAD - Directory of Open Access Scholarly Resource; DRJI - Directory of Research Journals Index; OAJI - Open Academic Journals Index; DIADORIM - Directory of Open Access Policies of Brazilian Scientific Journals; PERIODICA - Index of Latin American Journals in Science; GALE - Cengage-Learning; PERIODICOS CAPES; GOOGLE SCHOLAR; REDIB - Ibero-American Network of Innovation and Scientific Knowledge), creation of a Deliberative Editorial Board, expansion of the staff of assistant editors, with representation of the different regions of the country, readjustment of the layout of the journal's webpage, establishment of a continuous flow for the publication of articles, creation of a profile on social networks and the maintenance of all activities during the period of social isolation. Currently, *Demetra* is classified as B4 in the area of Nutrition (QUALIS classification by Capes - 2016).

In the next period, we will have new challenges in the management of the journal, such as indexing in the SciELO platform and maintaining the levels of quality which have been achieved. We know that a lot has been done and that there are still a number of achievements and challenges facing the editorship of an increasingly renowned journal in the area of Food, Nutrition and Health. For this year, a thematic supplement will be published on “Dietetics and the promotion of adequate and healthy food”, and information about this issue will be soon disclosed. We hope to be able to offer, in the near future, the opportunity for new supplements in other thematic areas of interest to readers.

We are grateful for the invitation to take over the editorship of *Demetra* and we hope to deliver to the academic community a work that lives up to expectations. Let's keep going together!

Ana Carolina Feldenheimer da Silva & Renata Brum Martucci

Editors