Our belief: we have the duty to periodically report to the society works with public resources, such as this journal.

Starting in 2006 - when we started our activities as CERES: Nutrition & Health - and going through 2012 when we invested in deep changes and assumed a new identity as DEMETRA: Food, Nutrition & Health – we published 9 volumes and 24 numbers, uninterruptedly.

Our first volumes were annual and relied on three articles only; today we operate on a regular quarterly basis, as well as with thematic supplements; we are publishing around 15 articles per number plus reviews, interviews, dissertation abstracts, as well as theses defended in the Graduate Program of Food, Nutrition and Health of UERJ Nutrition Institute. Figure 1 shows our continued and sustained growth. Keeping the quarterly periodicity is our principal task.

Figure 1. Numbers published between 2006 and 2014.
Throughout this period, we served 24 editorials, 170 articles, 12 reviews, 12 interviews and 55 summaries of dissertations and theses. Figure 2 shows the quantitative increase of published material, which makes a total of 273 publications in the period.

![Figure 2. Publications between 2006 and 2014.](image)

Considering these articles only, we point out that its regular and particularly strong growth, in the last two years, characterizes the journal path, as shown in Figure 3.

![Figure 3. Articles published between 2006 and 2014.](image)
Our efforts are favorably impacting with researchers, who are submitting us more and more items for evaluation. This movement is intensifying, with a sensitive accent from the year 2012 (Figure 4).

In 2013 and 2014 were not recommended for publication 67.7% and 65.7% of original papers, which reflects the seriousness with which the peer review has been implemented in our journal. These numbers are very important to us, who believe in this venture success and think it’s relevant and strategic to the research consolidation related to Food, Nutrition and Health in Brazil.

Throughout that period, 466 authors had their works published with us (Figure 5). The students participation at all levels of education, from undergraduate to doctoral, being the authorship of published works, is constant and with increasing participation of doctors, specifically in the last two years (Figure 6). We take this data as an indication of our journal qualification.
We believe DEMETRA fulfills its objectives as a qualified vehicle of scientific knowledge, produced by experienced researchers, and also offering to students the opportunity to experience the selection process of their works to the rituals and canons of specialized publication.
The authors who have published with us so far are affiliated to a set of 80 different institutions, with a large-oriented predominance to teaching and research (almost all at universities); there are also works from government institutions of federal, state, local and their administrative units, linked to health and education, as well as hospitals, schools and other institutions not necessarily included in that public planning. Importantly, the magazine, with its interdisciplinary character and including discussions on food and nutritional care, also addresses to health services, education and other sectors seeking information and reflections on their knowledge and practices. It integrates our editorial policy to communicate with these society spaces, considered by us as very relevant, along with institutions specifically dedicated to science and training of researchers. That way, we are also fulfilling one of our guidelines: the popularization of science in food, nutrition and health. We believe that through the dissemination of scientific research beyond the academy, we are contributing to the construction of a critical and reflective thinking among citizens of our society.

The 466 authors who have published in our journal are distributed in 377 institutions. Initially UERJ predominated in this scenario, participation that has been substantially reduced from 27% in 2012 to 12% in 2013 and 7% in 2014, confirming our reviews of these trends brought to the public in previous editorials.

Throughout our existence, we received contributions from virtually all over the country (Figure 7), confirming another trend announced in previous issues. The State of Rio de Janeiro stands out, which we attribute to the fact that DEMETRA is located in Rio state and also for this Federative Unit is the one that has the largest number of public universities, environments where scientific research actually materializes in Brazil. The Southeast Region has the largest share of publications, which is consistent with its scientific park and economic dominance in the country. We also highlight, among our authors, the growing participation of researchers inserted in Portuguese universities.
We have heavily invested in the magazine release and its participation in international indexing bases, which is certainly impacting on the expansion of its covered territory. Currently, DEMETRA is pegged in 15 bases and national and international directories. We are working hard to expand these activities, seeking quality improvements that allow us to have increasingly respectable institutional visibility.

Our articles evaluation deadlines are well reduced - three months on average - and it has been very encouraging to publish them right after. We reiterate our commitment in maintaining speed in procedures evaluation, the editorial communication decision and the publication of recommended articles.

In 2013 we invested in our first thematic issue materialized in the form of a supplement. The significant response from researchers allowed the publication of these articles under the “HUMAN AND SOCIAL SCIENCES IN FOOD” banner. We would like to focus the scientific community actions, who have contacted us for the publication of thematic supplements. It was the case with the Food and Nutrition Coordination of the Ministry of Health, who in partnership with the Pan American Health Organization, were

Figure 7. Federal Units of Institutions which the authors declare affiliation to between 2006 and 2014. Numbers and all different Brazilian states.
actively involved in the production and financing of the thematic supplement, entitled “ATTENTION TO FOOD SPECIAL NEEDS IN PUBLIC HEALTH”, published in 2014. The thematic issue “DIALOGUES IN THE FOOD ANTHROPOLOGY FIELD” is expected to be published in 2015, at a group of researchers initiative, seeking to contribute to the papers dissemination presented at the 29th Brazilian Anthropology Congress, among others.

The desirable presence of works, arising from different knowledge cores that compose the Food and Nutrition field, has come its way in a very interesting way. These science areas that are in affinity with productivity references, valued by the research development agencies, i.e., those taking place in international journals of high impact, are precisely the least significant in our magazine; within the scientific game rules into force, it is not interesting to “burn” articles sending them to communication vehicles that do not fit in the dominant values. We are immensely proud to see our efforts in building opportunities for those operating in qualified knowledge production tracks, who however do not identify themselves with hegemonic parameters, and are looking for us, as is well shown in Figure 8.

![Figure 8. Knowledge cores of published articles between 2006 and 2014.](image-url)
While there is no support from sectors that assess journal initiatives, like ours that value the epistemic plurality as an important and indispensable feature in the food and nutritional field, even though and facing this adversity, we firmly believe that keeping us anchored in this transdisciplinary paradigm, we will reach the journal condition indexed in these international bases, seen as “qualifying” of the Brazilian scientific production.

None of this would be possible without the absolutely committed participation of the journal editorial team, evaluators and technical staff, to whom we present our sincere thanks. Similarly, the strong support of UERJ, always on our side, has been commendable and to this University we owe the existence of our magazine. Of equal importance is FAPERJ that supports us from 2014, enabling the most courageous decisions making. We are hoping to get further support, although the state and federal economic scenarios are announcing cautious.

Finally, we emphasize the simultaneous publication role of articles in Portuguese and English in full text, at no cost to the author, as an important step towards the consolidation of our DEMETRA: Food, Nutrition & Health. Continue with us, sending us your works!

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