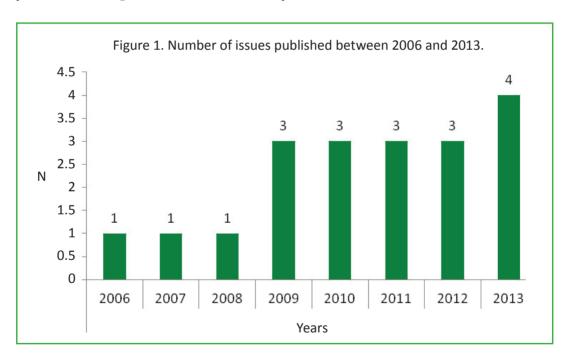
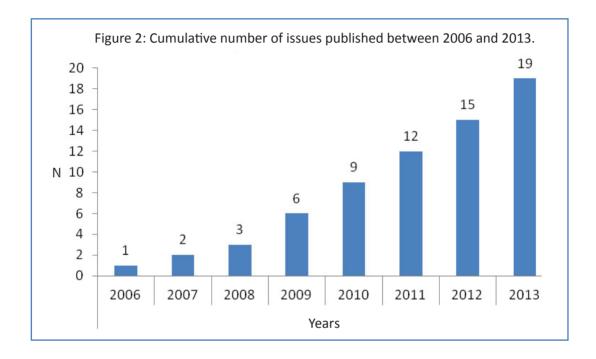


## DEMETRA: a Brazilian scientific journal in the field of Food and Nutrition that grows stronger

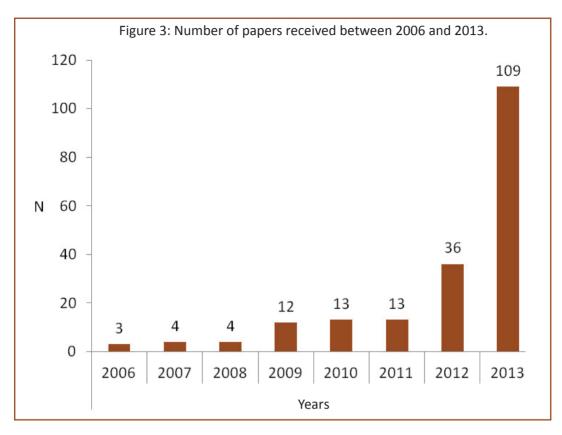
2013 was a great year for us for several reasons: *DEMETRA: Alimentação, Nutrição & Saúde* published three regular isues, in addition to a special issue.

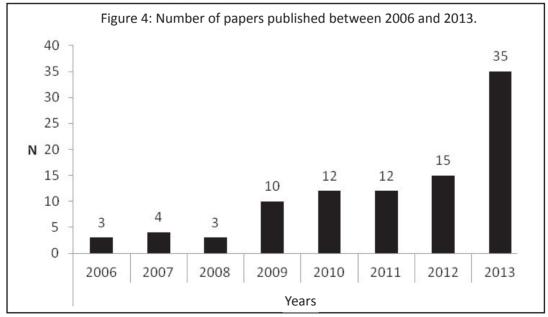


This achievement corresponds to a regular quantitative growth, which is shown in Figure 2. The implementation of a clear and coherent editorial policy is an essential step for us to increase our frequency of publication in 2104, when we will regularly publish four issues a year, in additionto special issues.



We have been increasing the number of articles received and published with every new issue (Figures 3 and 4), which means that researchers rely on our work. The quality of published studies is growing: our proofreaders and the editorial staff work hard to make scientific excellence our major benchmark.





Between this year and last year, we have received a significant number of papers - both approved and under review. The time elapsed between submission and publication remains optimized, and papers have been submitted by scholars from various institutions located in a wide range of places. More and more students and researchers in postgraduate programs are submitting their work to our journal.

Our efforts to index our journal in international databases have been successful: we have been indexed in LATINDEX, Journals for Free, Free Medical Journals, Open Journal Systems and IBICT SEER. We are already making new efforts and we hope to have good news in this respect in 2014 as well.

All papers published in our journal now carry a Digital Object Identifier (DOI), which corresponds to a unique and exclusive international code. It can, for example, provide the immediate location of each paper on the Internet, thus making its authentication easier.

The journal has kept its policy to publish all papers in two different languages, e.g., Portuguese and English or Spanish and English, n order to be part of the international scene.

Committed to promoting maximum access to knowledge generated in public spaces with public funds, our journal keeps receiving, reviewing and publishing recommended papers with no cost to researchers.

In sum, intentions that seemed like possibilities in the past have turned into accomplishments today and so we will follow: dreaming, wishing, working and providing free access to skilled scientific knowledge.

All this is possible with the strong support of the State University of Rio de Janeiro (UERJ), through their leaders, whom we sincerely thank. We are also thankful to everyone that somehow participates in this project, and we wish them many great achievements in 2014!

Shirley Donizete Prado Editor