

Here a new journey begins. Now we are *DEMETRA: Food, Nutrition & Health*

As announced in the previous editorial, here comes *DEMETRA: Food, Nutrition & Health* a new route taken in the good journey that we have accomplished as *CERES: Nutrition & Health*. We decided to take this way to carry out the projects devised in the past years, which conceptually would no longer fit our journal as it had until last year. The new title expresses well this change.

First, we wish to highlight that while the goddess that we honor has changed she stays the same. Either as Roman Ceres or the equivalent Greek Demetra she is the goddess who looks after the crop fields and provides the wheat that represents civilization. DEMETRA, who mourns in the period of the year when she suffers the loss of her daughter, forced to stay close to her husband Hades in the world of the dead – this is the planting season, when the seeds come to inhabit the interior of the earth. DEMETRA, who rejoices with the harvest and abundance that come with her daughter. Death and life alternating in cyclic expressions of scarcity and harvest bounty and its symbolic manifestation: food. In the myth, the notion of perennial and dynamical, enduring and changing. And so, supported by the ancient culture, our journal is maintained and renewed, valuing and striving to preserve the integrity of the movements that are established between nature and society in the humans' lives.

Also in the title, another important change is materialized. We included the word Food, as a conceptual branch of science, which, to be fully understood, requires theories and methods from the Human and Social Sciences. This way we reaffirm our investment in valuing the unity between the biological body and the sphere of nature, and what it constitutes in the work relations, language, and representations – in short, everything that characterizes life in society.

Regarding the operational aspects, *DEMETRA: Food, Nutrition & Health* will be always and fully available in English in the home page. Alternatively, it also offers a complete version in Portuguese or Spanish, depending on the original language of the article.

We maintained the option for the electronic-only format for disclosure of the works in the Internet through the Open Journal System – OJS. This system enables searches by title, keywords, abstract or full text, and has functionalities that permit to build bibliometric indicators. It has reduced costs because it does not require the production of conventional issues and distribution. One step less, resulting in a faster process of receiving, evaluating and publishing the articles.

When inserting it into OJS, our journal offers free and immediate access to its contents, following the principle of providing free scientific knowledge to the public and an expanded global democratization of knowledge and know-how. Authors and readers do not pay to publish or access the journal; this includes the translation of original text submitted in Portuguese or Spanish into English, as well as the papers submitted in English, which will be translated into Portuguese. Our policy considers that all efforts must be made to avoid expenses and costs to the authors and readers.

Aiming to the international projection of the magazine, we will adopt the Vancouver standard for presentation of the texts and references. We increased the spaces for the articles, which can now have 30 pages or about 10,000 words, from title to references, including images, charts, tables and graphs. It is in our horizon to increase the journal periodicity. As soon as possible we plan to publish it four times a year.

And finally, we announce that in 2012 we will proceed to the indexation of *DEMETRA: Food, Nutrition & Health*. We reiterate our policy of not accepting any kind of support from initiatives that are contrary or harmful to the human health. This posture can only be viable because of the institutions that support us: the University of the State of Rio de Janeiro, the Nutrition Institute and the Graduate Program for Food, Nutrition and Health.

These are the guiding principles of our new journey. An initiative that could only happen due to our bond to a goddess that brings us face to face with the challenges of nourishing human life with knowledge and know-how.

Shirley Donizete Prado
Editor