

## Reflections on our editorial journey

In this first issue of 2016, there were some important events that have marked our history and our efforts in the consolidation of the field of Food and Nutrition in Brazil as a typically interdisciplinary space.

First, we have achieved all the editorial goals that had been set previously: we publish at regular intervals; we publish four issues per year; there are 20 papers in the last issue. Numerically, we reached the level required for indexing in international databases that are considered by the main Brazilian funding agencies as a reference for calculating circulation figures in the field of science. This will be the year that we will begin devoting efforts to request the inclusion of our journal in these spaces!

This step is being made possible, in fact, as a result of the growing presence of researchers in graduate programs, together with their advisees, as authors of papers in our journal. Today, in the field of food and nutrition, DEMETRA is the second most frequently sought out Brazilian journal by graduate researchers in the evaluation area "Nutrition" at CAPES.

Moreover, the strong presence of works from other scientific fields, such as Humanities, is clear in the last special issue. This publication consolidates the interdisciplinary character of the journal.

All these indicators tell us that it is time to take another important step in our editorial journey: to redefine the scope of papers to be published.

When evaluating the papers submitted, from now on, we will particularly prefer those whose analyses are deeper. Thus, strictly descriptive studies, as well as those whose application is restricted to limited geographical areas, will be forwarded to the respective authors so that they can broaden and deepen their approaches. In other words, although a given study might have been carried out with a small number of respondents, localities or institutions, the corresponding paper may be published as long as it contains substantial analysis - built on solid theoretical and methodological bases - and fosters new knowledge.

The innovative character and relevance of the results have always been a goal of our journal, and they will now be our driving force in the dissemination of scientific information. In short, this is another step to qualify both the journal and science itself in the field of Food and Nutrition, while keeping our commitment of responsibility towards science and society.

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